

Dear Master Aiping Cheng,

01.27.2026

I would like to express my sincere gratitude for your guidance in the art of Tai Chi Chuan.

Through your teaching, I have been led to experience Qi in a profound and deeply personal way. Concepts that once existed only in my mind have, through practice, been transformed into tangible experiences, something that cannot truly be explained to another person. Much like trying to describe the taste of a jackfruit to someone who has never tasted it, words inevitably fall short.

Beyond physical practice, the beauty of Tai Chi's movements and the philosophy that underlies them have shaped my outlook on daily life. I find myself approaching situations with greater awareness and calm, and I am better able to resolve volatility peacefully. These insights and transformations are treasures I will carry with me.

These are only a few of the gifts I have received through your teaching. I remain deeply and forever grateful.

With respect and appreciation,

Jonas